



Trailblading - October 10, 2009

Registration Deadline

- Monday – October 5, 2009

Information Meeting

None

Dates/Times

- Departure: Saturday – October 10, 2009 @ 9:00am
- Meet at the Fairfield Way entrance to the Student Union
- Return: Mid to late afternoon

Trip Cost

\$15 SRF Members/\$25 non-member

Experience Level

- Beginner - no experience in-line skating needed.
- All UConn Outdoors Trips require varying degrees of physical fitness. We are not qualified to evaluate your fitness level so you must do so on our own. If you are unsure about your physical condition consult with a physician before participating on any one of our trips.

Trip Overview

This Natural High sponsored event takes place on the Farmington Canal Trail in Hamden, CT. Gear will be distributed upon arrival and trip leaders will give a quick in-line skating tutorial for those who have never participated in this sport before. The pace of the group will be dictated by individual skill levels, but the paved scenic trails allows for over 8 miles of invigorating outdoor-exercise. We will stop as a group periodically throughout the day for water and snacks. All participants are encouraged to go at their own speed and have fun.

What UConn Outdoors Will Provide

- Transportation
- Equipment
- Instruction

What To Bring

- Pack lunch/snacks
- Water (32oz recommended)
- Comfortable workout attire (No jeans please)
- Small daypack (for lunch/snacks or water)
- Sunglasses
- Sunscreen

Contact Information

- UConn Adventure Center – (860) 486-8004

Cancellations and Refunds

If you cancel your registration for any reason it must be done before the close of business hours (6pm) on the registration deadline in order to receive a 50% refund. Cancellation after the registration deadline will result in the forfeiture of all fees. As we are adventurers, our trips or clinics usually take place rain or shine. However, if the situation warrants it due to unsafe conditions, we reserve the right to cancel a trip/clinic at any time. In the event of a cancellation all fees will be refunded. Additionally, due to unforeseen circumstances, UConn Outdoors reserves the right to remove or alter program itinerary items.