

HUSKY READS and HUSKY NUTRITION



Husky Programs are service learning experiences in community nutrition.

Husky Reads: Travel to pediatric clinics in Hartford and Willimantic to read aloud and play games with children waiting to see a doctor. Books and activities focus on healthy nutrition.

Husky Nutrition: Conduct food exploration and cooking classes for children in preschool classes and after-school programs.

Husky Sport: Encourage physical activity and healthy food patterns in after-school programs or Saturdays.

Husky Byte: Offers healthy nutrition sound bites to parents of pre-school children

Join us for several hours of "play" once a week and learn about new cultures, children, community nutrition and health care.



For more information and to sign up please join us
at either one of the following meetings...

Konover Auditorium
at the
Dodd Center

Tuesday, January 27, 2009, 5:00-6:00 p.m.

or

Wednesday, January 28, 2009, 5:00-6:00 p.m.

Fast Facts

- To participate, you need a 3 or 4 hour block of time during a weekday (includes travel).
- Students use UCONN vehicles to travel to Hartford.
- You can receive course credit in NUSC 3180 section 02, use work study funding, or simply volunteer.
- Any UCONN student can participate—60% of students are *not* Nutritional Science Majors.
- Our sites are all in Hartford and Willimantic and include pediatric primary care clinics such as CT Children's Medical Center, WIC clinics, Anderson Recreation Center, as well as pre-schools and after school program sites.



University of Connecticut

Husky Reads & Husky Nutrition

Center for Public Health and Health Policy

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The Husky programs are part of UCONN's Supplemental Nutrition Assistance Program Education program administered by the Connecticut Department of Social Services and funded by the United States Department of Agriculture (USDA). UCONN and The State of Connecticut Department of Public Health Food Stamp Nutrition Education, in cooperation with the United States Department of Agriculture, Cooperative Extension System, University of Connecticut, Storrs. Issued in furtherance of Cooperative Extension work, Acts of May 8 and June 30, 1914. In accordance with Federal law and United States Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, religion, political beliefs, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer. USDA's Supplemental Food Assistance Program, administered by the Connecticut Department of Social Services, funded this project, and helps low-income people buy nutritious foods. To find out more, call 1-800-842-1508.